

Summer Training Times
Week Commencing 21st August

Squad	Session	Monday 21st	Tuesday 22nd	Wednesday 23rd	Thursday 24th	Friday 25th	Saturday 26th	Sunday 27th
Beacon & National	AM		Training 6.30 - 8:00am		Training 6.30 - 8:00am			
	PM	Training 4 - 6:30pm		Training 4 - 6:30pm				
Masters/Further Education	PM	Training 6 - 8am	Training 6 - 8am	Training 6 - 8am	Training 6 - 8am	Training 6 - 8am		
Regional & County	AM			Training 6.30 - 8:00am		Training 6.30 - 8:00am		
	PM	Training 6 - 8pm	Training 4 - 6pm		Training 4 - 6pm			
Development 1 & 2	PM	Training 6 - 8pm	Training 6 - 8pm	Training 6 - 8pm	Training 6 - 8pm	Training 6 - 8pm		
Hough End	PM		Training 5 - 7pm (H.E.)		Training 5 - 7pm (H.E.)		Training 3 - 5pm (H.E.)	
Icebergs	PM	Training 6 - 8pm MAC		Training 6 - 8pm MAC				
Matt Walker Academy	PM							
MAC Academy	PM	Training 5 - 6pm						