

Easter 2018 Training Times

Squad	Friday 30th	Saturday 31st	Sunday 1st	Monday 2nd	Tuesday 3rd
Beacon	No training	No training		No training	a.m. no training p.m. training as normal
National	7:00 - 9:00a.m.	06:00 - 08:00a.m.		7:00 - 9:00a.m.	Training as normal
Regional (+ transition swimmers)	7:00 - 9:00a.m.			7:00 - 9:00a.m.	Training as normal
County	No training			No training	Training as normal
Development 2	No training				Training as normal
Development 1				No training	
MAC Academy/Raven Moss				No training	
Hough End		No training			Training as normal
Icebergs			No training	No training	
Masters/Further Education	No training			No training	Training as normal